



The Washington State Prevention Enhancement (SPE) Policy Consortium and 5-Year Strategic Plan

How it affects you and how you can help.



Washington State Prevention Planning Framework

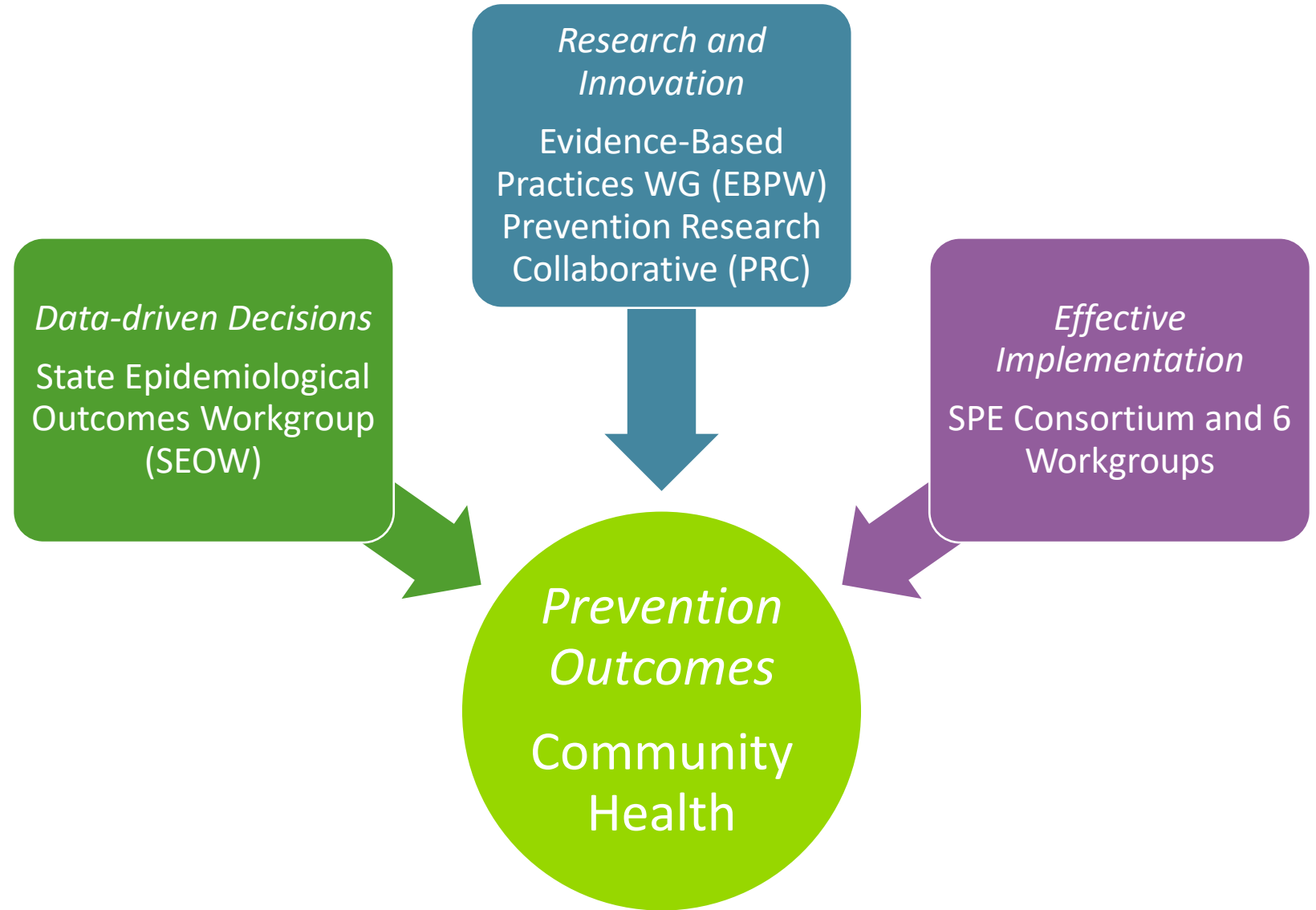


Adapted from SDRG, UW Communities That Care and SAMHSA Strategic Prevention Framework

Refresh: The Strategic Planning Framework

► Key Components of Prevention in WA

- Prevention efforts need **data and analysis** to make informed decisions.
- **Research** into what works and what doesn't ensure value of effort and reduces risk of harm.
- **Coordination and collaboration** of implementation partners reduces duplication and expands reach.



What is the SPE Consortium?

► Full Name

- ▶ State Prevention Enhancement (SPE) Policy Consortium

► Who can participate?

- ▶ Any **statewide** organization in Washington working on the **primary prevention** of behavioral health disorders and **promotion** of mental health.

► What do they do?

- ▶ **Inform** – partners, funders, and leaders on key topics.
- ▶ **Support** – workgroups and partners through strategic planning and collaboration.
- ▶ **Coordinate** – reduce duplication and ensure system efficiency.



Why the SPE?

- ▶ **Early to Mid 2000s** – Coalition models (DFC, CTC) are proving their worth in advancing prevention through multi-sector collaboration.
- ▶ **Mid 2000s** – Workgroups form to address specific issues like underage drinking (RuAD) and commercial tobacco (ASSISSt).
- ▶ **Late 2000s** – DBHR receives funding from SAMHSA and DOH receives funding from CDC which both require multi-sector coalitions to form and coordinate efforts.
- ▶ **Late 2011** – First meeting of the State Prevention Enhancement Policy Consortium, co-chaired by DOH and DBHR.

Timeline of the SPE Consortium and 5-Year Plan

October 2011	First Meeting of the SPE Consortium – Sue Grinnell (DOH) and Michael Langer (DBHR) presiding.
August 2012	First publication of the 5-Year Strategic Plan – Reinforcing the use of the Strategic Prevention Framework statewide.
Fall of 2017	First full update of the 5-Year Strategic Plan – David Hudson (DOH) and Sarah Mariani (DBHR) presiding.
Fall of 2019	Mid-point update to the 5-Year Strategic Plan – Patti Migliore-Santiago (DOH) and Sarah Mariani (DBHR) presiding.
Present Day	Published current 5 Year Plan in October of 2023 and working through implementation stages. Current co-chairs Allen Christensen (DOH) and Sarah Mariani (DBHR).

Wayback
Machine...

Washington State Prevention Enhancement Policy Consortium | August 2012



STATE OF
WASHINGTON

SUBSTANCE ABUSE PREVENTION AND MENTAL
HEALTH PROMOTION
FIVE-YEAR STRATEGIC PLAN

"It is with great pleasure that we have joined efforts to present this Washington State Prevention Enhancement Policy Consortium Substance Abuse Prevention and Mental Health Promotion Five-Year Strategic Plan. We are committed to providing the best service to the children, individuals, families, and communities of our state. Through implementation of this plan, we will build the health and wellness of individuals, families, schools, and communities where people can be as healthy as possible in a safe and nurturing environment." – Sue Grinnell, DOH and Michael Langer, DBHR

► Organizational Structure of SPE

- Workgroups are independent but connected by SPE.
- Some WGs focus on specific behavioral health issues, others on certain populations.
- SPE Consortium brings WG efforts into focus and ensures mutual benefit and coordination.

Young Adults
Workgroup

Opioid
Prevention

Mental Health
Promotion/
Suicide
Prevention

Washington
Healthy Youth
Coalition

Washington
Breathes

Problem
Gambling
Prevention

SPE Policy Consortium

5 Strategic Objectives – Current Plan

- ▶ **Strategic Objective One:** Strengthen state collaboration to prevent initiation of substance use and promote mental health.
- ▶ **Strategic Objective Two:** Utilizing needs assessment data in Washington State, create and disseminate communication plans, campaigns, trainings, and resources to better serve populations in need.
- ▶ **Strategic Objective Three:** Implement environmental strategies to: reduce access and availability of substances; change community and social norms of substance use; and reduce stigma in accessing behavioral health services.
- ▶ **Strategic Objective Four:** Commit and dedicate efforts to implementing SUD prevention and mental health promotion programs to strengthen protective factors and reduce risk factors.
- ▶ **Strategic Objective Five:** Strengthen the long-term sustainability of the behavioral health promotion and SUD prevention workforce.

Workgroup Action Plans – Summaries

WHY Coalition

- Provide Educational Tools for parents, schools, others.
- Use data to inform strategies
- Expand membership

Young Adults

- Build collaborative relationships
- Raise awareness of YA needs gap
- Workforce development

Mental Health Promotion/Suicide Px

- Build capacity across MHP system
- Seek new funding opportunities
- Share resources for MHP and Suicide Px

Workgroup Action Plans – Summaries

Opioid Prevention

- Support community prevention services
- Continue prescriber education expansion
- Promote safe storage and disposal
- Decrease supply of illegal opioids in communities

WA Breathes (commercial tobacco)

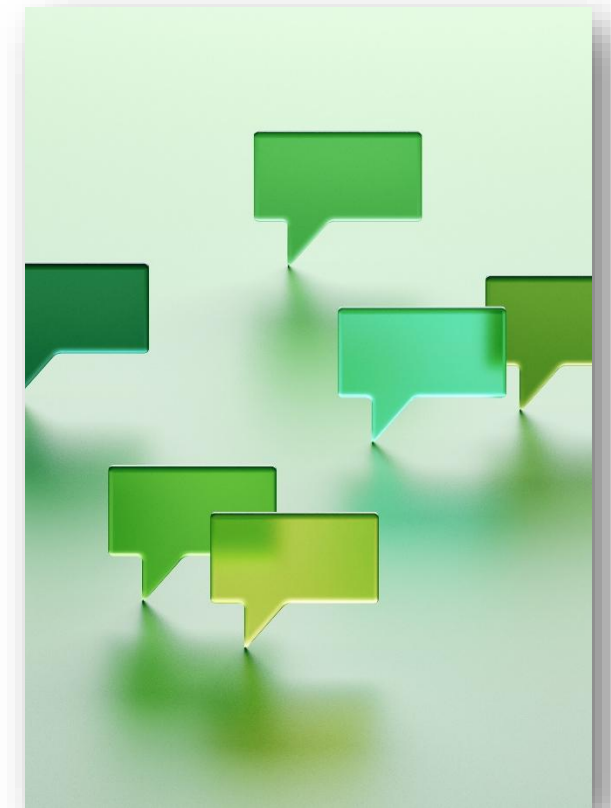
- Promote new coalition and strategic plan
- Reduce disparities in use among key populations
- Leverage resources to support prevention and treatment
- Organize communities around policy initiatives

Problem Gambling Prevention

- Build statewide capacity for PG prevention and intervention.
- Support research into what works for primary prevention of PG.
- Develop initial strategic plan to implement statewide strategies.

Workgroup Action Plans – Common Themes

- ▶ Recruiting and Engagement
 - ▶ Finding new partnerships while retaining current ones.
- ▶ Research and Education
 - ▶ Prioritize data collection, analysis, and dissemination.
- ▶ Workforce Development
 - ▶ Recruiting, training, and retention of prevention staff.
- ▶ Policy Statements
 - ▶ Best practice research and education informing policy.



Planning Cycle

- ▶ **Initiation/Preplanning:**

- ▶ Spring 2026

- ▶ **Needs/Resource Assessment:**

- ▶ Summer and Early Fall 2026

- ▶ **Planning and Narrative:**

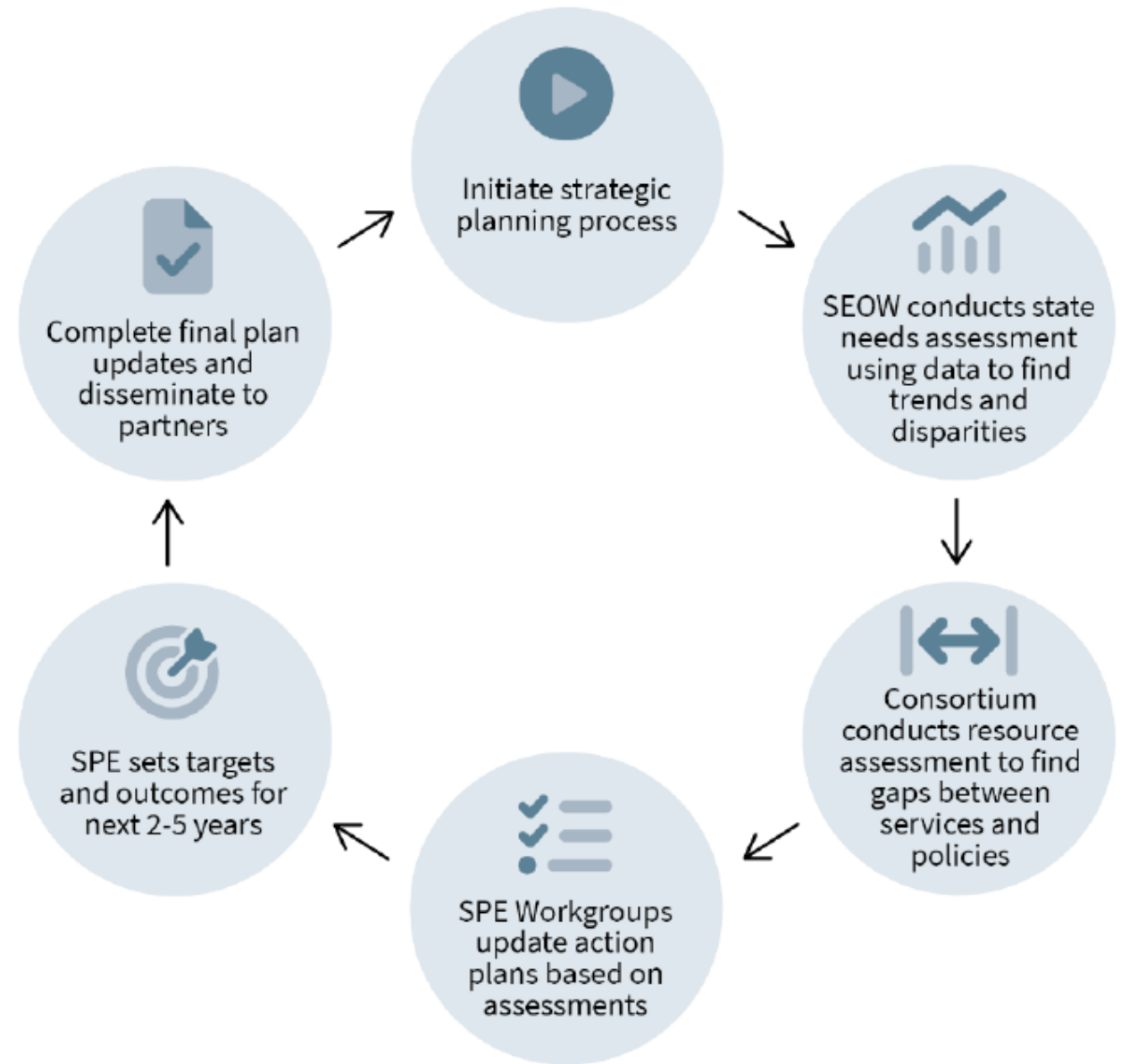
- ▶ Fall 2026 – Winter 2027

- ▶ **Public Comment and Revisions:**

- ▶ Spring and Summer 2027

- ▶ **Final Copy and Publication:**

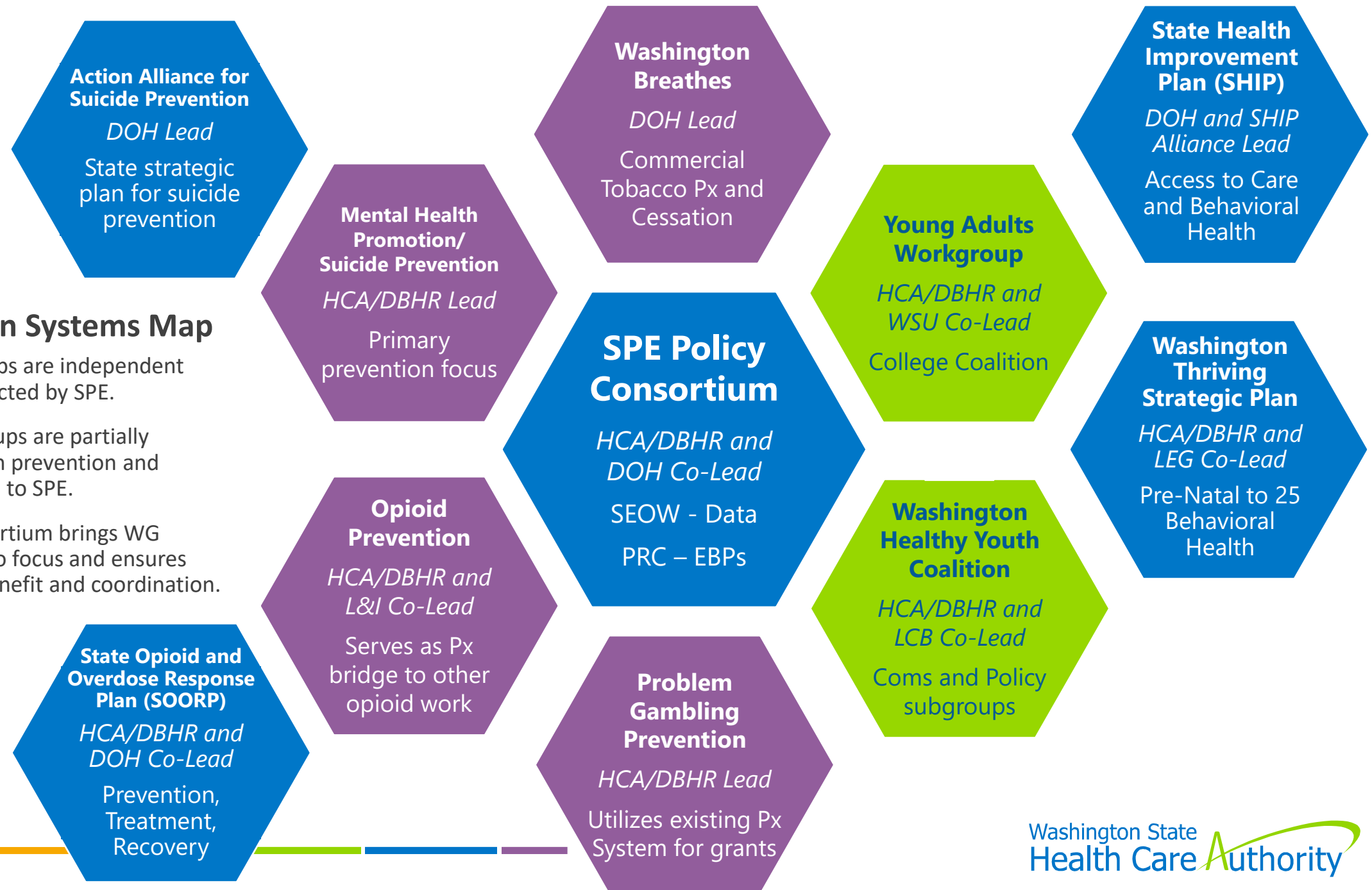
- ▶ Fall 2027



5 Year Plan Update – Vision and Process

- ▶ **Where** SPE and Workgroups fit into larger systems map.
- ▶ **How** the next plan update will proceed.
- ▶ **When** we need your input and support.





Strategic
Plan
Update
Process

Aurrera
HealthGroup >>

Strategic Planning Work Sessions



**COMING
SOON**

Questions + *Thank You!*

“One finger cannot lift a pebble.” - Hopi proverb

Contact Information

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